

# Out of the DARKNESS<sup>SM</sup>

COMMUNITY WALKS  
American Foundation for Suicide Prevention

## This fall, thousands will walk for suicide prevention

The Memphis Chapter of the American Foundation for Suicide Prevention Announces the Annual "Out of the Darkness" Community Walk Fundraiser.

### Memphis 5K Walk

Saturday, October 21, 2006

Memphis Botanic Garden

Registration starts at 9:00 am

Walk begins at 10:00 am

## PLEASE JOIN US!

For more Walk information contact:

Lisa Morris, co-chair Memphis Walk Committee, at [survivorsinms@yahoo.com](mailto:survivorsinms@yahoo.com) or Tonia Howell, Memphis PR chair, at [howell.tonia@hardinglions.org](mailto:howell.tonia@hardinglions.org) or visit [www.outofthedarkness.org](http://www.outofthedarkness.org) to register online and print a sponsor sheet.

On Saturday, October 21, 2006, the Memphis Botanic Garden, 750 Cherry Road, 38117, will be the site for the annual signature fundraising event undertaken by the Memphis Chapter of the American Foundation for Suicide Prevention (AFSP).



Honorary Walk chair, Joe Birch, pictured with 2005 Memphis Walk co-chairs, Lisa Morris (left) and Pam Dickson (right).



Honorary walk chair, WMC TV's Joe Birch, visits with members of Sorghum Hill.

One of over 70 community walks taking place around the country, the event will help fund the AFSP's ongoing efforts with research, education, and prevention initiatives designed to reduce the loss of life from suicide as well as provide support for survivors. Funds raised from the Memphis Walk will remain in the Memphis community.

Joe Birch, WMC TV news anchor, is the honorary chair for the 2006 Memphis Walk. Individuals and teams are encouraged to walk in memory of a family member or friend. There is no registration fee, but walkers are encouraged to make a personal contribution and raise funds by obtaining sponsors. The popular bluegrass band, Sorghum Hill, will entertain walk participants.